How can I protect myself and my friends?

Be S.M.A.R.T

S — lp only from cans you opened

M — onitor your beverage constantly

A — void drugs or alcohol

R — efuse any drinks from a punchbowl

T — hrow away drinks that tasty funny

Security & Parking Services
MCMASTER UNIVERSITY

Security Services — 24 Hours
E.T. Clarke Center room 201
905.525.9140 ext 24281
905.522.4135
Email: security@mcmaster.ca
www.mcmaster.ca/security

We operate 24/7 and all year long for your safety

Crime Prevention
MUSC room 101
905.525.9140 ext. 26060
www.mcmaster.ca/security/cp.htm

Parking Services
E.T. Clarke Center room 102
905.525.9140 ext. 24232
http://parking.mcmaster.ca/
Email: parking@mcmaster.ca

ACT Office
(Alternative Commuting & Transportation)
905.525.9140 ext 24772
http://act.mcmaster.ca/
Email: act@mcmaster.ca

Beware of
DATE RAPE
DRUGS

Sexual Assault Centre: 905-525-4573
Hamilton Police: 905-546-4925
Crimestoppers: 1800-222-TIPS
CSD (Student Counselling): x 24711
McMaster Medical Centre Emergency: 905-525-9140 x 75020
What are Date Rape Drugs:
Date rape drugs (also known as predatory drugs) are used by predators in order to render a personsedate and helpless, usually for the purpose of sexual assault. The most common include Rohypnol (aka “Roofies”), Ketamine (aka “Special K”), and GHB (aka “Liquid G”).

How do I recognize if someone has been drugged?
There are several signs and symptoms that you should watch out for when determining if someone has been drugged. The effects are very similar to heavy intoxication, but are apparent with little or no alcohol consumption.

- Dizziness
- Drowsiness
- Disorientation
- Nausea
- Confusion
- Vomiting
- Memory Loss

Rohypnol
Chemically related to sedative Valium, but is 10 times stronger and can produce unconsciousness and amnesia for long periods of time.

Usually appear as pill form, which can be crushed and slipped into drinks, takes 20-30 minutes for effect, Lasts 10 hours with severe memory loss.

Colourless, tasteless and odourless.

Ketamine
First developed as an anesthetic for humans but is now commonly used by veterinarians.

Usually comes in form of a liquid, but can be made into a powder. Immediate effect and can last up to 5 hours.

Low doses cause increased heart rate and hallucinations. High doses cause unconsciousness and depressed respiration.

GHB
Initially developed as an anesthetic for humans in the 60s.

It stimulates growth hormone release in the human body. The drug takes effect in 15-20 minutes and last up to 3 hours.

Usually found in liquid form.

Colourless, odourless and salty when dissolved.

What to do when I suspect I or someone may have been drugged?
If you or a friend have any of the symptoms of being drugged after drinking little or no alcohol.

- Tell a trusted and mature person immediately
- Get to a safe place
- Seek medical attention as soon as possible
- Call the Police or McMaster Security & Parking Services
- If you suspect a sexual assault took place, do not shower or change clothes until medical and forensic evidence has been collected
- Trust your instincts, If you feel uncomfortable, LEAVE with a friend

The Most Important Thing you can do is watch out for each other. Never go out alone, and always be aware of where your friends are.