

How can I protect myself and my friends?

Be **S.M.A.R.T**

Sip only from cans you opened

Monitor your beverage constantly

Avoid drugs or alcohol

Refuse any drinks from a punchbowl

Throw away drinks that taste funny

Sexual Assault Centre: **905-525-4573**

Hamilton Police: **905-546-4925**

Crimestoppers: **1800-222-TIPS**

CSD (Student Counselling): **x 24711**

McMaster Medical Centre Emergency:
905-525-9140 x 75020

Security & Parking Services MCMASTER UNIVERSITY

Security Services — 24 Hours

E.T. Clarke Center room 201

905.525.9140 **ext** 24281

905.522.4135

Email: security@mcmaster.ca

www.mcmaster.ca/security

We operate 24/7 and all year long for your safety

Crime Prevention

MUSC room 101

905.525.9140 **ext.** 26060

www.mcmaster.ca/security/cp.htm

Parking Services

E.T. Clarke Center room 102

905.525.9140 **ext.** 24232

<http://parking.mcmaster.ca>

Email: parking@mcmaster.ca

ACT Office

(Alternative Commuting & Transportation)

905.525.9140 **ext** 24772

<http://act.mcmaster.ca/>

Email: act@mcmaster.ca



Beware of

DATE RAPE DRUGS



McMaster University
Security & Parking Services

www.mcmaster.ca/security

What are Date Rape Drugs:

Date rape drugs (also known as predatory drugs) are used by predators in order to render a person sedate and helpless, usually for the purpose of sexual assault. The most common include Rohypnol (aka "Roofies"), Ketamine (aka "Special K"), and GHB (aka "Liquid G").

How do I recognize if someone has been drugged?

There are several signs and symptoms that you should watch out for when determining if someone has been drugged. The effects are very similar to heavy intoxication, but are apparent with little or no alcohol consumption.

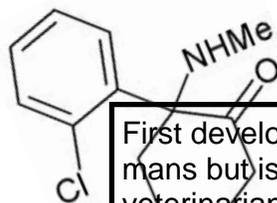
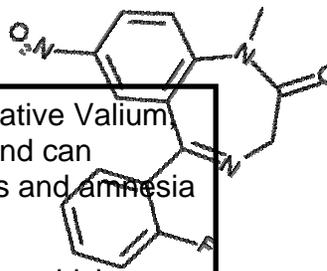
-  **Dizziness**
-  **Drowsiness**
-  **Disorientation**
-  **Nausea**
-  **Confusion**
-  **Vomiting**
-  **Memory Loss**

Rohypnol

Chemically related to sedative Valium but is 10 times stronger and can produce unconsciousness and amnesia for long periods of time.

Usually appear as pill form, which can be crushed and slipped into drinks, takes 20-30 minutes for effect, Lasts 10 hours with severe memory loss.

Colourless, tasteless and odourless.



Ketamine

First developed as an anesthetic for humans but is now commonly used by veterinarians.

Usually comes in form of a liquid, but can be made into a powder. Immediate effect and can last up to 5 hours.

Low doses cause increased heart rate and hallucinations. High doses cause unconsciousness and depressed respiration.

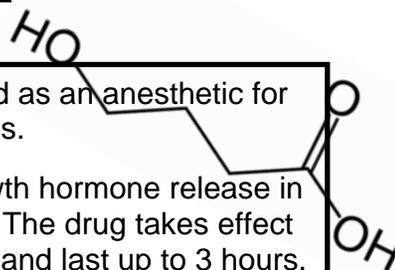
GHB

Initially developed as an anesthetic for humans in the 60s.

It stimulates growth hormone release in the human body. The drug takes effect in 15-20 minutes and last up to 3 hours.

Usually found in liquid form.

Colourless, odourless and salty when dissolved.



What to do when I suspect I or someone may have been drugged?

If you or a friend have any of the symptoms of being drugged after drinking little or no alcohol.

- ✓ Tell a trusted and mature person immediately
- ✓ Get to a safe place
- ✓ Seek medical attention as soon as possible
- ✓ Call the Police or McMaster Security & Parking Services
- ✓ If you suspect a sexual assault took place, do not shower or change clothes until medical and forensic evidence has been collected
- ✓ Trust your instincts, If you feel uncomfortable, LEAVE with a friend

The **Most Important Thing** you can do is **watch out for each other**. **Never** go out alone, and always be **aware** of where your friends are.